



Government of Western Australia  
Department of Training  
and Workforce Development



**JOBS &  
SKILLS WA**



# Course Overview

## CHC33015 CERT III IN INDIVIDUAL SUPPORT

**Do you want to change your career path?**

**Get the extra hands on technical and practical experience to succeed and reach your goals.**

**This is the best training in Aged Care where you will gain GREAT skills and polish up on your knowledge!**

A great opportunity is available for jobseekers, employees and employers. Do you want to get a head start in the REAL world? This is practical training for GREAT skills and REAL opportunities to improve your skills and knowledge for a fast growing industry!

This opportunity provides a pathway to work in organisations such as home assistance and facilities, This qualification allows for multiskilling and for specialisation in individual support as well as taking responsibility for own outputs. You will have a range of factual, technical and procedural knowledge, as well as some theoretical knowledge of the concepts and practices required to provide person-centred support.

### CAREER OPTIONS

- » Personal Care Support worker
- » Accommodation Support worker
- » Food Service worker (Aged Care)
- » Respite Care worker
- » Personal Care Giver

### ABOUT OUR COURSE

Our CHC33015 Certificate III in Individual Support is the most up-to-date qualification available for individuals wanting to work in an Individual Support Role. CHC33015 Certificate III in Individual Support is a nationally accredited qualification and an industry endorsed program which has been created to provide training for people who are eager to gain employment as an aged care support worker.

#### HOW LONG DOES THE COURSE TAKE TO COMPLETE?

- » 4 days per week of scheduled face to face training and 1 day of assisted study
- » 16 hours per week of self-paced flexible learning
- » 152 hours of practical placement
- » Total duration is up to 12 months depending on your prior experience

#### WE ALSO PROVIDE

- » Ongoing Trainer support via phone & email
- » Course Materials & Resources
- » Information about Accreditation Standards
- » Polo shirt & name badge

# OUR COURSE

Session	Unit Code	Units of Competency
Workplace Health & Safety	HLTWHS002	Follow safe work practices for direct client care
Personal Support Needs	CHCCCS011	Meet personal support needs
Healthy Bodies	HLTAAP001	Recognise healthy body systems
Communication & Diversity	CHCCOM005	Communicate and work in health or community services
	CHCDIV001	Work with diverse people
Provide Individual Support	CHCCCS015	Provide individualised support
	CHCCCS023	Support independence and wellbeing
Dementia Care	CHCAGE005	Provide support to people living with dementia
Palliative Care	CHCPAL001	Deliver care services using a palliative approach
Empowering & Coordinate	CHCAGE001	Facilitate the empowerment of older people
	CHCAGE003	Coordinate services for older people
Legal & Ethical	CHCLEG001	Work legally and ethically
First Aid	HLTAID003	Provide First Aid



## CORE UNIT

### Follow safe work practices for direct client care (HLTWHS002)

This unit describes the skills and knowledge required for a worker to participate in safe work practices to ensure their own health and safety, and that of others in work environments that involve caring directly for clients. It has a focus on maintaining safety of the worker, the people being supported and other community members.

**This unit applies to all workers who require knowledge of workplace health and safety (WHS) to carry out their own work, in both centre-based and home-based service provision.**

## CORE UNIT

### Communicate and work in health or community services (CHCCOM005)

This unit describes the skills and knowledge required to communicate effectively with clients, colleagues, management and other industry providers.

This unit applies to a range of health and community service contexts where workers may communicate face-to-face, in writing or using digital media and work with limited responsibility under direct or indirect supervision.

## CORE UNIT

### Provide individualised support (CHCCCS015)

This unit describes the skills and knowledge required to organise, provide and monitor support services within the limits established by an individualised plan. The individualised plan refers to the support or service provision plan developed for the individual accessing the service and may have many different names in different organisations.

This unit applies to workers who provide support under direct or indirect supervision in any community services or health context.

## CORE UNIT

### Recognise healthy body systems (HLTAAP001)

This unit describes the skills and knowledge required to work with basic information about the human body and to recognise and promote ways to maintain healthy functioning of the body.

This unit applies to any worker who needs to use and interpret information that includes references to client anatomy and physiology.

## CORE UNIT

### Work with diverse people (CHCDIV001)

This unit describes the skills and knowledge required to work respectfully with people from diverse social and cultural groups and situations, including Aboriginal and/or Torres Strait Islander people.

This unit applies to all workers.

## CORE UNIT

### Support independence and wellbeing (CHCCCS023)

This unit describes the skills and knowledge required to provide individualised services in ways that support independence, as well as, physical and emotional wellbeing. This unit applies to workers in a range of community services contexts who provide frontline support services within the context of an established individualised plan.

### Provide support to people living with dementia (CHCAGE005)

This unit describes the skills and knowledge required to provide person-centred care and support to people living with dementia. It involves following and contributing to an established individual plan.

This unit applies to workers in a residential or community context, including family homes. Work performed requires some discretion and judgement and may be carried out under regular direct or indirect supervision.

### Deliver care services using a palliative approach (CHCPAL001)

This unit describes the skills and knowledge required to care for people with life-threatening or life-limiting illness and/or normal ageing process within a palliative approach.

This unit applies to workers in a residential or community context. Work performed requires some discretion and judgement and is carried out under regular direct or indirect supervision.



### **Facilitate the empowerment of older people (CHCAGE001)**

This unit describes the skills and knowledge required to respond to the goals and aspirations of older people and provide support services in a manner that focuses on improving health outcomes and quality of life, using a person-centred approach.

This unit applies to support workers in residential or community contexts.

### **Provide First Aid (HLTAID003)**

This unit describes the skills and knowledge required to provide a first aid response to a casualty. The unit applies to all workers who may be required to provide a first aid response in a range of situations, including community and workplace settings.

## **CORE UNIT**

### **Work legally and ethically (CHCLEG001)**

This unit describes the skills and knowledge required to identify and work within the legal and ethical frameworks that apply to an individual job role.

This unit applies to community services and health workers who play a proactive role in identifying and meeting their legal and ethical responsibilities.

### **Coordinate services for older people (CHCAGE003)**

This unit describes the skills and knowledge to provide services to an older person. It involves following and contributing to an established individual plan.

This unit applies to workers in a residential or community context, or those in personal care or support services that work with older people. Work performed requires some discretion and judgment and is carried out under regular direct or indirect supervision.

Call us on **08 9443 5356**  
to start your career in Aged Care