Looking for a career that gives something back to the community?

Wanting to make a difference to people’s lives?

Looking for a secure job in one of the fastest growing industries in the country?

If this sounds like a career for you, read on to find out why our training services are the best in business!

This training is delivered with Victorian and Commonwealth Funding. Students with disabilities are encouraged to apply. Eligibility criteria applies.
The career options in the Health and Community sector have never been greater with projected demands of 650 new workers needed per month in Australia over the next 10 years.

If you love working with people and are motivated when you have a positive impact on the lives of others, then this qualification is perfect for you.

If you are committed to the health and leisure of elderly people, are physically fit, possess empathy, discretion and a high level of professionalism, then consider taking the next step in your career by gaining this nationally recognised qualification.

**CAREER OPTIONS**

- Leisure and Lifestyle Coordinator
- Diversional Therapy Assistant
- Community Leisure Officer
- Disability Officer
- Recreation Activities Officer
- Leisure and therapy Assistant

**ENTRY REQUIREMENTS**

There are no prerequisites to gain entry into CHC43415 Certificate IV in Leisure and Health, however;

- You must be over 18 years of age to enrol in this course.
- Obtain a police check/clearance prior to work placement.
- Students must undertake a Language, Literacy & Numeracy (LLN) test so that the appropriate academic support can be provided throughout the course.

**COURSE DURATION**

- 9 full day face-to-face workshops (1 session per month)
- Self-paced online learning and assessment
- Minimum of 120 hours placement or work experience in an Leisure and Health Care environment.

Total duration is between 9-12 months depending on your prior experience.

**WE ALSO PROVIDE**

- Ongoing Trainer support via phone & email
- Course Materials & Resources
- Information about Accreditation Standards
- Polo shirt & name badge

**ABOUT THE COURSE**

The CHC43415 Certificate IV in Leisure and Health is a nationally recognised qualification that equips you to design, implement, and evaluate leisure and health activities and programs for clients in residential facilities, community agencies, or day centres.

**RTO # 6127**

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THE COURSE

To achieve this qualification, you need to successfully complete 17 units of study. This consists of 10 core units plus 7 elective units.

YOUR COURSE

CHCDIV001  Work with diverse people
CHCCOM002  Use communication to build relationships
CHCLAH001  Work effectively in the leisure and health industries
CHCLAH002  Contribute to leisure and health programming
CHCLAH003  Participate in the planning, implementation and monitoring of individual leisure and health programs
CHCLAH004  Participate in planning leisure and health programs for clients with complex needs
CHCLAH005  Incorporate lifespan development and sociological concepts into leisure and health programming
CHCPRP003  Reflect on and improve own professional practice
HLTWHS002  Follow safe work practices for direct client care
HLTAAP002  Confirm physical health status
CHCCDE002  Develop and implement community programs
CHCDIS003  Support Community participation and social inclusion
CHCCCS025  Support relationships with carers and families
CHCHCS001  Provide home and community support services
CHCDIS002  Follow established person-centered behaviour supports
SISCCRO001  Plan and conduct recreation programs for older persons
SISXCAI007  Assist with activities not requiring equipment

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**CORE UNITS**

**A detailed view**

Follow safe work practices for direct client care (HLTWH5002)
This unit describes the skills and knowledge required for a worker to participate in safe work practices to ensure their own health and safety, and that of others in work environments that involve caring directly for clients. It has a focus on maintaining safety of the worker, the people being supported and other community members.

Use communication to build relationships (CHCCOM002)
This unit describes the skills and knowledge to apply specific communication techniques to establish, build and maintain relationships with clients, colleagues and other stakeholders based on respect and trust.

Participate in the planning, implementation and monitoring of individual leisure and health programs (CHCLAH003)
This unit describes the skills and knowledge required to participate in planning, implementation and evaluation of programs providing activities for individuals.

Participate in planning leisure and health programs for clients with complex needs (CHCLAH004)
This unit describes the skills and knowledge required to understand and work with individuals and groups with complex needs when participating in planning for leisure and health service provision.

Incorporate lifespan development and sociological concepts into leisure and health programming (CHCLAH005)
This unit describes the skills and knowledge required to understand how human behaviour across the lifespan development stages, and sociological concepts of health and leisure impact on leisure and health programming and client participation.

Reflect on and improve own professional practice (CHCPRP003)
This unit describes the skills and knowledge required to evaluate and enhance own practice through a process of reflection and ongoing professional development.

Confirm physical health status (HLTAAP002)
This unit describes the skills and knowledge required to obtain and interpret information about client health status and to check a client’s physical health. It requires a detailed knowledge of anatomy and physiology.

Work with diverse people (CHCDIV001)
This unit describes the skills and knowledge required to work respectfully with people from diverse social and cultural groups and situations, including Aboriginal and/or Torres Strait Islander people.

Work effectively in the leisure and health industries (CHCLAH001)
This unit describes the skills and knowledge required to work in a context within which leisure and health work occurs and to effectively support its role in enhancing well being.

Contribute to leisure and health programming (CHCLAH002)
This unit describes the skills and knowledge required to contribute to the creation, planning, coordination, delivery and evaluation of appropriate leisure and health activities for individuals and groups.
Elective Units

Support relationships with carers and families (CHCCCS025)
This unit describes the skills and knowledge required to work positively with the carers and families of people using the service based on an understanding of their support needs.

Develop and implement community programs (CHCCDE002)
This unit describes the skills and knowledge required to develop community programs to ensure maximum participation.

Support Community participation and social inclusion (CHCDIS003)
This unit describes the skills and knowledge required to assist with supporting people with disability in community participation and social inclusion using a person-centred approach. This involves enabling people to make choices to maximise their participation in various community settings, functions and activities to enhance psychosocial well-being and lifestyle in accordance with the person’s needs and preferences.

Provide home and community support services (CHCHS001)
This unit describes the skills and knowledge required to work in a home support environment and community settings with individuals, family members, staff, visitors, suppliers and others to meet established work requirements.

Plan and conduct recreation programs for older persons (SISCCRO001)
This unit describes the performance outcomes, skills and knowledge required to plan, safely conduct, and evaluate recreation programs for older persons, including frail and moderately active participants.

Assist with activities not requiring equipment (SISXCAI007)
This unit describes the performance outcomes, skills and knowledge required to assist in the planning, conduct and evaluation of activities that do not require the use of equipment.

Follow established person-centered behaviour supports (CHCDIS002)
This unit describes the skills and knowledge required to implement behaviour support strategies outlined in an individualised behaviour support plan for a person with disability.

Units are subject to change at any time at Aged Care Training Services discretion.

OUR PROMISE
We are passionate about instilling the love of caring along with its enthusiasm to ensure you are prepared to undertake employment in a community leisure and health role.

All training is delivered by us! We do not have third parties delivering on our behalf.

We will deliver training which assists you to develop the necessary skills, knowledge and attitude so you can respond confidently to many challenging and diverse environments in the context of delivering leisure and health activities in the care sector.

We have a dedicated Placement Co-ordinator who will organise your 120 hours required placement.

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1300 785 802

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